

# Adventure Days 2016 Schedule and Gear List

## Eagle Mountaineers (Adults) – Counterpoint

Thursdays 2:00pm – 7:30pm

### Session 2 Schedule

**July 21<sup>st</sup>** – Hiking in Paradise Valley

**July 28<sup>th</sup>** – Golfing at Livingston Golf Course

**August 4<sup>th</sup>** – Fishing Day

**August 11<sup>th</sup>** – Whitewater Rafting on the Yellowstone River (Water Day)

**August 18<sup>th</sup> (8:00am -4:00pm)** – Yellowstone River Float, Kayaking, and BBQ (Water Day)

### Every Day!

- |  |   |
|--|---|
| <input type="checkbox"/> Hiking Boots or Running Shoes | <input type="checkbox"/> Sunscreen            |
| <input type="checkbox"/> Backpack                      | <input type="checkbox"/> Bug spray            |
| <input type="checkbox"/> Rain Jacket                   | <input type="checkbox"/> Lunch                |
| <input type="checkbox"/> Warm Layers                   | <input type="checkbox"/> Snacks               |
| <input type="checkbox"/> Sunhat                        | <input type="checkbox"/> Water Bottle & Water |
| <input type="checkbox"/> Sunglasses                    |   |

### Kayaking, Swimming, Rafting, Water Day additional gear

- Change of clothes
- Water shoes (old tennis shoes are great for this!)
- Swimwear or clothes that can get wet
- Towel

\*\* You might have a full backpack on some days, but we try to keep you best prepared for all Montana conditions. The program may change from schedule due to weather, safety or other unforeseeable events – it is always best to stick to the list and be prepared! \*\*

\*\* Eagle Mount Adventure Staff encourages participants to not bring iPod's or other music devices to program. Cell phones and music will be left in the car during the sessions.\*\*

