

# Adventure Days 2017 Schedule and Gear List

## Eagle Mountaineers (Adults)

Tuesdays 3:00pm – 6:00pm

\$10 per outing

### Session 2 Schedule

**July 18<sup>th</sup>** –Kayaking (Water Day)

**July 25<sup>th</sup>** – Golfing at Cottonwood

**August 1<sup>st</sup>** – Fishing Day

**August 8<sup>th</sup>** – Bohart BBQ - Waiver

### Every Day!

- |  |   |
|--|---|
| <input type="checkbox"/> Hiking Boots or Running Shoes | <input type="checkbox"/> Sunscreen            |
| <input type="checkbox"/> Backpack                      | <input type="checkbox"/> Bug spray            |
| <input type="checkbox"/> Rain Jacket                   | <input type="checkbox"/> Lunch                |
| <input type="checkbox"/> Warm Layers                   | <input type="checkbox"/> Snacks               |
| <input type="checkbox"/> Sunhat                        | <input type="checkbox"/> Water Bottle & Water |
| <input type="checkbox"/> Sunglasses                    |   |

### Kayaking, Swimming, Rafting, Water Day additional gear

- Change of clothes
- Water shoes (old tennis shoes are great for this!)
- Swimwear or clothes that can get wet
- Towel

\*\* You might have a full backpack on some days, but we try to ensure that you're prepared for all Montana conditions. The program schedule may change due to weather, safety or other unforeseeable events – it is always best to stick to the packing list and be prepared! \*\*

\*\* Eagle Mount Adventure Staff encourages participants to not bring iPod's or other music devices to program. Cell phones and music will be left in the car during the sessions.\*\*

**Please contact Vasu Sojitra, Adaptive Sports Director, to Sign up**

vsojitra@eaglemount.org or (406)586-1781

