

Adventure Days Backpacking Trip

August 15th- August 16th

Monday Drop off at 9:00am – Tuesday Pick up at 4:00pm

Course Details:

Departure from Eagle Mount: August 15th @ 9AM

Return to Eagle Mount: August 16th @ 4PM

Gear Check at Eagle Mount: August 14th @ 5PM – *Mandatory unless discussed with staff.*

Participants

At this time all participants must be:

- *15 years of age or older
- *Able to handle toileting needs independently
- *Able to self-administer medication if needed
- *Be able to walk 4-5 miles with a 20lb. pack

The Expedition

A true wilderness experience designed with the Eagle Mount adventurer in mind – join us for a two-day overnight backpacking trip under the Montana Big Sky! Emerald Lake is the classic Montana mountain scene. Its rugged, glacier carved skyline guides us back into the Gallatin Range where mountain peaks and alpine streams become our home for the night. The course will teach participants basic backpacking and travel skills like: cooking, camping, stove use, map reading, Leave No Trace techniques, backcountry first aid and practices for hiking and camping in wilderness areas.

Eagle Mount will provide the food for lunches (Monday & Tuesday), Monday night dinner and Tuesday breakfast. Eagle Mount will bring water filters/water purification system. Please check gear list for full list of required and recommended equipment for participants on the back side of this information sheet.

Weather & Environmental Challenges

Participant safety is our number one priority, always. Identifying and managing mountain hazards will be an ever present theme in this course. Managing risks will help safely guide this trip, and allow each participant to leave the course with a lasting memory and enthusiasm for the outdoors!

Unlike traditional classrooms, mountain classrooms are influenced by weather, terrain, and group dynamics. The activities we choose will depend on the conditions we experience, and every weather and condition will provide an opportunity for learning. It is important that each participant is prepared for mountain weather so that varying conditions can be enjoyed as a learning experience!

This course travels in bear habitat. We have specifically chosen an area with heavy day trip travel to minimize the risk of a bear encounter. Safe bear practices will be followed and taught to participants. Risk management for bears includes carrying bear spray, maintaining clean campsites, hanging all food and odors, never traveling alone and making noise in areas of poor visibility.

Eagle Mount staff are committed to participant safety. We are trained to recognize and manage mountain hazards, are required to perform wilderness first aid if needed, and have demonstrated sound judgment in the backcountry.

Let's go on an adventure!

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Participant Supply List

- Sunscreen
- Bug spray
- Personal Items & Toiletries
 - Toothbrush
 - Toothpaste
 - Medications
 - Eye Glasses/Contact stuff
- Clothing
 - Warm Gear
 - Poly pro top/long underwear
 - Fleece jacket
 - Rain Jacket/pants
 - Change of clothing
 - Underwear
- Hiking boots
- Flashlight/ Headlamp
- Sunglasses
- Hat
- Water bottle
- Sleeping bag preferably one that packs small (if you have one)
 - Please let us know if need one!
- Sleeping pad preferably one that packs small (if you have one)
 - Please let us know if need one!
- Backpacking pack 30 Liters or more (if you have one)
 - Please let us know if need one!