



## Eagle Mount Summer Family Support Intern

*Eagle Mount provides therapeutic recreational opportunities for people with disabilities and young people with cancer, as well as support for families of participants so that “they shall mount up with wings as eagles.” Founded in 1982, Eagle Mount is designated by the IRS as a 501(c)(3) nonprofit organization.*

### Overview

The purpose of this internship is to provide an educational opportunity for a student with a course study in psychology, community health, nursing, or any related majors. Eagle Mount’s Summer Intern will attend a Sibshop facilitator workshop, assist the Family Support Coordinator with 2-3 family Camps and a 3-week Sibling Adventure camp followed by a campout. Approximate hours 150.

- **Siblings** - This support group focuses on the family member who will have the longest relationship with a person who has a disability, namely the sibling. The support group provides a space and time for the siblings to have fun, develop friendships with other siblings. The goals of a sibling support group are to increase confidence and develop self-efficacy, self-determination and self-advocacy skills while building social-peer support and connection
  - Attend the Sibshops facilitators’ workshop May 17<sup>th</sup> and 18<sup>th</sup>.
  - 3 wk. session on Fridays 9 - 3 (**July 12, 19, 26, with an overnight camp out August 2<sup>nd</sup> and 3rd**)
- **Family Camp** - Three camps will be provided in the summer for families to enjoy a week together doing great outdoor recreational activities. Our activities during Family Camp will include, family cohesion activities, parent team building, and a sibling workshop.

### The goals of the Family Camp

- (1) Support for parents and siblings to process the delights and challenges of living with a family member who has a disability.
- (2) Time for respite, connection, recreation and fun.
- (3) Fun outdoor adventures for the whole family, supported by Eagle Mount staff.
- (4) For parents, a chance to get to know other parents whose needs may be similar, even if the children may not have the same needs.
  - Dates:
    - **June 14- 16** B-Bar Ranch
    - **July 20-22** Hyalite Youth Camp
    - **August (9-11)** American Explorers Base Camp. (Optional)

## **Responsibilities and Job description**

The intern will:

- Gain valuable, hands-on experience in therapeutic recreation
- Assist with outdoor recreation adventure programming for siblings and 3 family camps.
- Assist in volunteer coordination and scheduling.
- Assist in planning program activities & initiatives for family team building, youth groups and expressive arts groups.
- Participate in a pre-program training facilitated by Eagle Mount staff Assist in facilitating family team building, a parent workshop and a children's group, and therapeutic initiatives.
- Have an opportunity to become a certified Sibshop facilitator.
- Establish individual, supportive relationships with campers.
- Gain insights into the needs of people with disabilities and how community-based programs affect everyone's quality of life.

## **Requirements**

- Part Time - Available for specific program dates approximately from late May – August
- Must have reliable transportation

## **Skills & Qualifications**

The ideal candidate for this internship would have:

- Experience working with youth and families preferred.
- Outdoor leadership experience preferred.
- Competencies with camping, rafting, kayaking and outdoor cooking.
- Ability to be a positive member of a small team.
- Ability to accept supervision and guidance.
- Enthusiasm, patience, and self-control.
- Good character, integrity, and adaptability.
- Interested in the mission of Eagle Mount and the work of nonprofit organizations.
- Creative, energetic and positive, with great people skills.
- A motivated self-starter able to work with minimal supervision.
- An excellent communicator.

## **Benefits**

- Opportunities to recreate in the Rocky Mountain region
- Academic credit would be at the discretion of the department; Eagle Mount will furnish reports as needed.

\*\*This is an unpaid internship and does not provide housing.

*Interested applicants should send a cover letter and resume to: [Idominick@eaglemount.org](mailto:Idominick@eaglemount.org)*